



Sponsored by:



Date: Friday, September 10, 2010 at 6:30 PM

Race Location: Lafayette Presbyterian Church (corner of Lafayette & Elmwood Avenues)

Choice of Distance: 4 mile timed race or 2 mile fun walk

Entry Fee: \$20 by September 5, 2010, \$25.00 through race day.

Make Checks Payable to: Concerned Ecumenical Ministry (CEM)
286 Lafayette Avenue, Buffalo, NY 14213

Post Race: Party free for participants, \$5 for additional friends and family.

Awards: Top male & female overall and top male & female masters. Age group awards in five year increments. Custom *Sock Guy* socks to first 200 registrants.

Website: www.dinerdash4miler.org

2010 Diner Dash 4 Miler

Checks payable to: Concerned Ecumenical Ministry
Mail to: 286 Lafayette Avenue
Buffalo, NY 14213

Entry Fees:

- _____ \$20 by Sept. 5
- _____ \$25 thru race day
- _____ Additional Donation
- _____ Total enclosed

_____ Last Name _____ First Name _____ MI

_____ Number and Street

_____ Town/City

_____ State

_____ Zip/Postal Code

- Gender
 Age
 2 mile
 4 mile
 Run
 Walk

email: _____

In consideration of my entry being accepted, I, intending to be bound, do hereby waive, release, and forever discharge and all rights, claims for damages which hereafter occur to me, against Concerned Ecumenical Ministry, Lafayette Avenue Presbyterian Church, Score This!!, the City of Buffalo or its members, officers, representatives, successors, and/or assigns, in connection with my association with or entry in or from said events held by Concerned Ecumenical Ministry.

Race Use Only

Signature

Parent/Guardian, if under 18